

**Juice**



Valu Time White Grape Juice 64 Oz.



Food Club Grape Juice 64 Oz.



Food Club White Grape Juice 64 Oz.



Welch's Grape Juice 64 Oz.



Welch's White Grape Juice 64 Oz.



Juicy Juice Apple Juice 64 Oz.



Valu Time Apple Juice 64 Oz.



Mott's Apple Juice 64 Oz.



Food Club Premium Apple Juice 64 Oz.



Food Club Apple Juice 64 Oz.



Food Club Orange Juice 64 Oz.



Food Club White Grapefruit Juice 64 Oz.



Valu Time Orange Juice 64 Oz.

**Cheese**



**American Yellow**

Food Club No Reduced Fat 16 Oz.

**Cheddar**

Food Club No Reduced Fat Mild 16 Oz.  
New York Sharp 16 Oz.  
New York X-Sharp 16 Oz.  
Medium 16 Oz.  
Sharp 16 Oz.  
X-Sharp 16 Oz.



**Mozzarella**

Food Club No Reduced Fat 16 Oz.

**Monterey Jack**

Food Club No Reduced Fat 16 Oz.



**Swiss**

Food Club No Reduced Fat 16 Oz.

**Milk / Eggs**

**Fat Free / Skim**



Valu Time Gallon



Food City Half Gallon



Food Club Quart

**Lowfat - 1%**



Valu Time Gallon



Food City Half Gallon

**Whole**



Valu Time Gallon



Food City Half Gallon



Food Club Quart



Food Club Large Dozen



Valu Time Large Dozen

**Produce**



Enjoy a large selection of fresh Food City fruits and vegetables!

**Frozen Juice**



Valu Time  
12 Oz. Apple



Valu Time  
12 Oz. Orange



Food Club  
12 Oz. White Grape



Food Club  
12 Oz. Orange Pulp Free



Food Club  
12 Oz. Orange Original



Food Club  
12 Oz. Orange Extra Pulp



Food Club  
12 Oz. Orange with Calcium

**Grains**

**Whole Wheat Bread**



Pepperidge Farm 16 Oz.  
Whole Wheat



Pepperidge Farm 16 Oz.  
Thin Sliced Whole Wheat



Wonder 16 Oz.  
100% Wheat



Nature's Own 16 Oz.  
Light Wheat



Nature's Own 16 Oz.  
100% Whole Wheat w/Honey



Sara Lee Classic 16 Oz.  
100% Whole Wheat



Kern's 16 Oz.  
100% Whole Wheat



Roman Meal 16 Oz.  
100% Whole Wheat

**Brown Rice**

**Tortillas**



16 Oz. Food Club



16 Oz. Siler's

Northern Beans  
Pinto Beans



16 Oz. La Preferida

Pinto Beans  
Lentils



Food Club  
16 Oz. Long Grain



La Banderita  
16 Oz. Corn



Mission  
16 Oz. Yellow Corn



**Virginia Food City Approved WIC Brands**

The Virginia Approved WIC Brands pamphlet can be used with your Virginia WIC Approved Food Shopping Guide. Every time you see the yellow "WIC Approved Item" sticker at the store or in the food shopping guide, you may purchase the specific brand of food. Every store has different WIC approved brands. This guide is Food City specific and is designed to help you even if the yellow sticker is replaced. Items available are not limited to the ones listed in this pamphlet - be sure to look for the WIC logo on shelf tags.



Virginia WIC and Food City help you enjoy most fresh, frozen, and canned fruits & vegetables!

Just look for the WIC logo on shelf tags.



Scan this QR code with your smart phone or tablet to view the online version of this brochure.

For assistance, please contact your Local WIC Clinic at [1.888.942.3663](tel:18889423663) or use WIC Help Desk email: [WICHelpDesk-VDH@cov.virginia.gov](mailto:WICHelpDesk-VDH@cov.virginia.gov)

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